

Melanie A. Kautzman

EDUCATION

Ph.D. (2012-2016)	Counselor Education & Supervision (CACREP-Accredited)	The University of Akron Akron, OH
MS.Ed. (2010-2012)	Community/College Counseling (CACREP-Accredited)	Youngstown State University Youngstown, OH
M.Ed. (2001-2003)	Health Education	The Pennsylvania State University Middleton, PA
B.S. (1995-1999)	Human Development & Family Studies	The Pennsylvania State University State College, PA

PROFESSIONAL LICENSURE

Licensed Professional Clinical Counselor (LPCC). Licensed by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. (License # E.2404062)

Licensed Professional Counselor (LPC). Licensed by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors. (License # PC011418)

TEACHING EXPERIENCE

DISSERTATION ADVISING

- Andrea Obah, Experiences with Pregnancy Termination: An Exploration of Religion and Religiosity, Department of Psychology, Counseling, & Criminology, Carlow University, 2023, Dissertation Committee Chair.
- Kelly Quednau, Bias, and Other Salient Factors in Diagnosis in Major Depressive Disorder in Young Adolescent Males, Department of Psychology, Counseling, & Criminology, Carlow University, 2022, Dissertation Committee Member.
- Kaitlin Hostetler, Meaning of life and sex offenders, Department of Psychology & Counseling, Carlow University, 2019, Dissertation Committee Member.

Assistant Professor 2024- Present

University of Akron, Akron, Ohio

Engaged in teaching, supervision, and research activities.

- Instructed and evaluated graduate students in the following courses:
 - Practicum: SP2024, SU2024, FA24
 - Counseling Techniques: SP2024, SU2024, FA24
 - Counseling Theory & Philosophy: FA24
- Advised masters students regarding their academic plan and state licensure
- Assisted graduate program in meeting current standards and requirements of CACEP accreditation

Associate Professor 2022- Present

Assistant Professor 2016- 2022

Program Director 2020-2023

Clinical Coordinator 2016- 2020

Carlow University- Pittsburgh, Pennsylvania

Engaged in teaching, supervision, and research activities.

- Developed, revised, and updated course syllabi, assignments, and evaluation methods for in-person, hybrid, and online graduate courses
- Advised masters students regarding their academic plan and state licensure
- Assisted graduate program in meeting current standards and requirements of CACEP accreditation
- Developed grant proposals to seek external funding
- Led meetings to coordinate the work of the program
- Prepared program budget and course schedules each semester
- Implemented program assessment and ensured adherence to accreditation requirements
- Facilitated student placement and retention at clinical internship sites
- Fostered professional relationships with site supervisors
- Responsible for completing clinical remediation plans
- Collected and Disseminated Program Data for Accreditation
- Instructed and evaluated graduate students in the following courses:
 - Assessment in Counseling: SP 2022, FA 2023
 - Human Growth & Lifespan Development: FA 2023
 - Counseling Theories: FA 2023
 - Counseling Practicum: FA 2016, SP 2017, SU 2017, FA 2017, SP 2018, SU 2018, FA 2018, SP 2019, SU 2019, FA 2020, SP 2021
 - Counseling Internship: SP 2018, FA 2020, SP 2022, FA 2022, SU 2022
 - Human Sexuality: SU 2021, SU 2024
 - Introduction to Trauma: SP 2022
 - Career & Lifespan Counseling: SP 2017, FA 2017, FA 2018, FA 2019, SP 2020, SU 2020, SU 2022
 - Counseling Pre-Practicum: SP 2019, SU 2019, FA 2019, SP 2020, SU 2020, FA 2020, SP 2021, SU 2021, FA 2021, SP 2022, SU2022, FA2022

Adjunct Faculty

2014-2016

Youngstown State University—Youngstown, Ohio

Engaged in teaching, supervision, and research activities

- Courses taught: Career counseling; Methods & Practice of counseling; Group counseling lab
- Co-taught graduate practicum course
- Participated on research team and assisted with the development of presentations and manuscripts

Graduate Assistant

2012-2015

The University of Akron—Akron, Ohio

Completed research and other academic duties as assigned

Dr. Martucci and Dr. Schwartz (Supervisors)

- Co-taught graduate counseling internship course, group counseling course, and equity and excellence in education course
- Assisted with DSM and educational psychology class instruction preparation
- Assisted faculty and administrative assistant with office tasks
- Assisted in preparation of CAPE accreditation

Graduate/ Research Assistant

2011-2012

Youngstown State University—Youngstown, Ohio

Completed research and other academic duties as assigned

Dr. Marjorie Briley & Dr. Audrey Ellenwood (Supervisors)

- Collected and analyzed research data
- Edited articles and literature reviews
- Created documents and brochures for Project Learning Around the World (PLATW)
- Assisted in fundraising activities for PLATW
- Located resources to support course objectives for supervisors

CLINICAL EXPERIENCE

- Professional Counselor** 2024- present
PsyCare – Boardman, Ohio
 Provided counseling services to community members
- Provided counseling services to clients in an outpatient setting
 - Collaborated with agency representatives and community support services as needed
 - Developed treatment plans and completed paperwork for client records
- Professional Counselor** 2018- 2024
Summit Psychological Services – Pittsburgh, Pennsylvania
 Provided counseling services to community members
- Provided counseling services to clients in an outpatient setting
 - Collaborated with agency representatives and community support services as needed
 - Developed treatment plans and completed paperwork for client records
- Behavioral Health Specialist** 2015- 2016
Meridian Community Care – Youngstown, Ohio
 Provided counseling services to community members
 Diana Wolfe (Supervisor)
- Provided brief counseling and intervention to clients in an integrated care setting (*Substance Abuse Treatment and Primary Care*)
 - Collaborated with agency and community support services
 - Provided assessment and counseling services for Employee Assistance Program (EAP) clients
- Clinical Practicum** 2013
Chima Clinic for Individual & Family Counseling, The University of Akron – Akron, Ohio
 Provided counseling services to community members
 Dr. Schwartz & Dr. Jesiolowski (Supervisors)
- Provided individual and group therapy to members from the local community
 - Collaborated with other community support services
 - Participated in case conceptualization/ case planning
- College Counseling Intern** 2011-2012
Slippery Rock University-- Slippery Rock, Pennsylvania
 Provided counseling services to students, faculty and staff
 Dr. Jason Braun (Supervisor)
- Provided individual and group therapy to college students
 - Collaborated with other campus support services
 - Attended department meetings
 - Participated in case conceptualization/ case planning
- MST (Multi-Systemic Therapy) Therapist**
Adelphoi Village, Mercer, Pennsylvania 2007-2010
Hempfield Behavioral Health, Harrisburg, Pennsylvania 2003-2004
 Proficiently conducted MST assessments and treatment, including a review of referral information and identifying and engaging key ecological participants for effective treatment
- Effectively utilized pragmatic family therapies
 - Implemented problem conceptualization, treatment planning, intervention and implementation, outcome review and strategy revision using MST analytic process
 - Collaborated with all relevant systems and key participants within each system to ensure cooperation throughout MST treatment

- Earned the “Whatever it Takes” International award (2008)

SUPERVISORY EXPERIENCE

Clinical Instructor 2016-2021

Carlow University

Provided supervision to Practicum & Internship students

- Provided group and individual supervision to practicum students seeing individuals, couples, and families at community placement sites
- Facilitated case conceptualization/ case planning
- Provided weekly feedback on clinical skills
- Utilized Tevera to monitor paperwork and student evaluations

Co-instructor/ Supervisor 2014-2015

Community Counseling Clinic, Youngstown State University – Youngstown, Ohio

Provided supervision to practicum students

Dr. Kress and Megan Fortner (Supervisors)

- Provided group and individual supervision to practicum students seeing individuals and couples in the clinic
- Facilitated case conceptualization/ case planning
- Provided weekly feedback on clinical skills
- Experienced with ‘bug in the eye’ techniques to provide supervisory feedback

Supervisor 2014

Chima Clinic for Individual & Family Counseling, The University of Akron – Akron, Ohio

Provided supervision to practicum students

Dr. Reynolds (Supervisor)

- Provided triadic supervision to practicum students facilitating anger management group
- Facilitated case conceptualization/ case planning
- Reviewed all clinical sessions and provided feedback on clinical skills

AWARDS/HONORS

- 2015 Chi Sigma Iota, Upsilon Chapter, The University of Akron Outstanding Research/Writing Award
- 2015 Chi Sigma Iota, Eta Chapter, Youngstown State University Outstanding Alumni Practitioner Award
- 2013 Committee for Research on Women and Gender (CROW) Feminist Mentor Award
- 2013 North Central Association for Counselor Education and Supervision (NCACES) Outstanding Graduate Student
- 2011 ACA Foundation Gerald and Marianne Corey Graduate Student Essay Competition- Finalist
- 2011 Dr. Robert A. DiGiulio Scholarship Counseling Department Scholarship Recipient, Youngstown State University
- 2011 Quest Dean's Award - College of Education, Youngstown State University

GRANT AWARDS

- 2023 Department of Education Mental Health Service Professionals- \$4.9 million
- 2022- Spring Fides Grant, Sisters of Mercy, Creation of Hospitality Stations for Graduate Students- \$500
- 2022- Fall Fides Grant, Sisters of Mercy, Creation of Hospitality Stations for Graduate Students- \$500

PUBLICATIONS

BOOK CHAPTER PUBLICATIONS

Kautzman-East, M., Simpson, S., & Kress, V. E. (2103). Marriage, divorce, and mental health. In M. Shally-Jensen (Ed.), *Mental health issues in America: An Encyclopedia* (pp. 416-419, 881-882, 885). Santa Barbara, CA: ABC- CLIO/Greenwood.

PEER REVIEWED

Miller, S. M., Larwin, K. H., **Kautzman-East, M.**, Williams, J. L., Evans, W. J., Williams, D. D., Stanley, A. L., & Miller, K. L. (2020). A proposed definition and structure of counselor dispositions. *Measurement and Evaluation in Counseling and Development*, 53(1), 1-14.

Schwartz, R. C., **Kautzman-East, M.**, Macey, P., & Chopko, B. A. (2015). Psychosocial predictors of legal problems among psychotic persons: Implications for law enforcement and criminal justice. *Applied Psychology in Criminal Justice*, 11(2), 63-74.

Headley, J. A., **Kautzman-East, M.**, Kress, V. E., & Pusateri, C. G. (2014). Making the intangible tangible: Using expressive rock art during termination to co-construct meaning. *Journal of Creativity in Mental Health*.

NON-PEER REVIEWED

Kautzman-East, M. (2016). Advocacy Heroes and Heroines Interview: Dr. Loretta Bradley. Retrieved from https://www.csi-net.org/?page=Intv_Loretta_Bradley

Kautzman-East, M. (2015). Externalizing Somatic Symptoms Activity. In Kress and Paylo, *Treating mental disorders: A strength-based, comprehensive approach to case conceptualization and treatment planning* (e-book). Columbus, OH: Pearson.

Kautzman-East, M. (2014). Advocacy Heroes and Heroines Interview: Dr. Stephanie Burns. Retrieved from http://www.csi-net.org/?page=Intv_Stephanie_Burns

Kautzman-East, M. (2013). Advocacy Heroes and Heroines Interview: Dr. Craig Cashwell. Retrieved from http://www.csi-net.org/?Intv_Craig_Cashwell

East, M. (2011). Corey Student Essay Competition. *Counseling Today*, 53(11), 49-50.

BOOK CHAPTERS

Crowell, H., Moore, A., **Kautzman-East, M.** & Tollerud, T. (2016). Counseling Considerations & Counseling Strategies. In *Affirmative Counseling with the LGBTQI Population: Current and Emerging Issues*. American Counseling Association.

Barreto, D., Moore, A., **Kautzman-East, M.**, Liberati, R. (2016). Being a LGBTQI- Individuals in Immigrant & International Communities. In *Affirmative Counseling with the LGBTQI Population: Current and Emerging Issues*. American Counseling Association.

PRESENTATIONS

INTERNATIONAL

Kautzman-East, M., Nowacki, J. (2021). *Growing in tandem: Applying Relational Cultural concepts to counseling supervision*. Round-table presented at Social Justice Symposium: Social Justice in Counseling. Chi Sigma Iota: Omega Mu Gamma Chapter Online Conference, Seattle, WA.

Miller, K. L., Miller, S. M., Larwin, K. H., Evans, W. J., Abramski, A., **Kautzman-East, M.**, Williams, J., & Williams, D. D. (2018). *Using dispositional assessments to promote professional competence among health care providers*. Journal of DEStech Transactions on Social Science, Education and Human Science, 2018 International Conference on Education, Social Sciences and Humanities, Chengdu, China. ISSN: 2475-0042, ISBN and DOI.

Kautzman-East, M. (2017). *The promotion of compassion and justice: Encouraging inner-focused reflection in an outer-focused world*. Paper presented at the Carlow Roundtable, Dublin, Ireland.

Miller, K. L., Miller, S. M., Larwin, K. H., **Kautzman-East, M.**, Abramski, A., Williams, J. L., & Williams, D. D. (2017). *The role of dispositions in clinical training, practice, and competence*. Paper presented at the Nineteenth Annual American Board of Disability Analysts/American Board of Medical Psychotherapists and Psychodiagnosticians International Conference, Naples, FL.

NATIONAL

Kautzman, M. & Scanlon, A. (2023). *Who is supervising the supervisors? Supervision training in Counselor Education*. Presented at the Association for Counselor Education & Supervision (ACES) Conference, Denver, CO.

Miller, K. L., **Kautzman-East, M.**, Miller, S. M., Larwin, K., Evans, W. J., Stanley, A., Williams, J. L., & Williams, D. D. (2016). *Evaluating and Insuring Professional Suitability in Challenging Times*. Presented at the American Mental Health Counselors Association (AMHCA) Conference, New Orleans, LA.

Rose, J. S., Moore, A. M., **Kautzman-East, M.** & Burton, S. (2015). *An affirming approach to supervision: Working with LGBTQ+ supervisees and clients*. Presented at the National Association for Counselor Education & Supervision (ACES) Conference, Philadelphia, PA

Miller, S. M., Miller, K. L., **Kautzman-East, M.**, Evans, W. J., Stanley, A., Williams, J. L., & Williams, D. D. (2014). *Exploratory factor analysis of the Professional dispositions scale-Counseling student version*. Presented at the National Assessment and Research Conference, Moline, IL.

Kautzman-East, M., & Moore, A. M. (2014). *Career development of women: How to combat our gendered perceptions*. Presented at the Committee for Research on Women/Gender (CROW) 6th Annual Meeting, Akron, OH.

George, B. A., & **Kautzman-East, M.** (2014). *Environmental justice: Rhetorical, feminist, and social implications*. Presented at the Committee for Research on Women/Gender (CROW) 6th Annual Meeting, Akron, OH.

Belous, C., Moore, A. M., **Kautzman-East, M.**, & Headley, J. A. (2013). *LGBTIQQ affirmative counseling: Promoting advocacy and social justice*. Presented at the National Association for Counselor Education & Supervision (ACES) Conference, Denver, CO.

Moore, A. M., **Kautzman-East, M.**, & Headley, J.A. (2013). *So you think you're an ally for sexual minorities?-Are you really???*. Presented at the Graduate and Undergraduate Gender Symposium at The University of Akron, Akron, OH.

Headley, J.A., **Kautzman-East, M.**, & Moore, A. M. (2013). *Feminism is for everyone: Overcoming barriers to infusing feminist teaching in the classroom*. Presented at the Graduate and Undergraduate Gender Symposium at The University of Akron, Akron, OH.

Kautzman-East, M., Burton, S., & Turner, K. (2013). *Redefining career constructs: Integrating social justice advocacy to the practice of career counseling*. Presented at the American Counseling Association (ACA) National Conference, Cincinnati, OH.

Herman, E. Protivnak, J. & **Kautzman- East, M.** (2012). *Promoting the Profession: Using technology to advocate for future career paths in counseling with high school students*. Poster presented at the meeting of the American Counseling Association (ACA), San Francisco, CA.

STATE

Alvarez, C. & **Kautzman, M.** (2023). *Adlerian Counseling as a School-Based Mental Health Intervention*. Poster presentation at the 55th Annual Pennsylvania Counseling Association (PCA) Conference, Harrisburg, PA

Kautzman, M. A. (2022). *The dark side of supervision: Having hard conversations with supervisees*. Presented at the 54th Annual Pennsylvania Counseling Association (PCA) Conference, State College, PA

Kautzman-East, M. (2019). *Counselor self-care: The secret to making a plan that works*. Presented at the 51th Annual Pennsylvania Counseling Association (PCA) Conference, State College, PA

Kautzman-East, M. & Proctor, J. (2018). *The examination of privilege: Using an intersectional lens in clinical supervision*. Round-table presentation at the 50th Annual Pennsylvania Counseling Association (PCA) Conference, Pittsburgh, PA

Kautzman-East, M. & Alveraz, C. (2017). *Feedback: do they even use it? Encouraging counseling students' engagement with classroom feedback*. Presented at the 49th Annual Pennsylvania Counseling Association (PCA) Conference, King of Prussia, PA.

Proctor, J. & **Kautzman-East, M.** (2017). *The Strong Black Woman race-gender schema: Implications for clinical practice*. Presented at the 49th Annual Pennsylvania Counseling Association (PCA) Conference, King of Prussia, PA.

Kautzman-East, M., Moore, A., Rose, J. S., & Burton, S. (2014). *An affirming approach to supervision: Working with LGBTQ supervisees and clients*. Presented at the All Ohio Counselor's Conference (AOCC), Columbus, OH.

Williams, J., Williams, D., **Kautzman-East, M.**, Stanley, A. L., Evans, W.J., & Miller, K.L. (2014). *Assessing student dispositions in counselor training programs: Implications for supervision, program policy, and legal risk management*. Presented at the Ohio Association for Counselor Education and Supervision Winter Meeting, Columbus, OH.

Choi, K. M., Riffe, C., **East, M.**, & Courtney, A. (2012). *The impact of cross-cultural excursion experiences on development of multicultural competency among Master's level counseling students*. Presented at the All Ohio Counselors Conference (AOCC), Columbus, OH.

Williams, J., Williams, D., Bako, K., **East, M.**, Evans, W., & Miller, K.. (2012). *Tattoos, toe rings, and tank tops*

(Oh My!): Navigating supervisory responsibilities of professional counselor attire. Presented at the All Ohio Counselors Conference (AOCC), Columbus, OH.

Cubero, C. & East, M. (2012). *Multicultural counselor competence: Recommendations for substance abuse counselor training and organizational implementation.* Presented at the Pennsylvania Certification Board Annual Conference, Harrisburg, PA.

Yensel, J. & East, M. (2011). *The use of metaphor in career counseling: Implications for all professional settings.* Presented at the All Ohio Counselors Conference (AOCC), Columbus, OH.

East, M. & Riffe, C. (2011). *Intercultural experiences and the counselor: Benefits of cultural immersion.* Poster presented at the All Ohio Counselors Conference (AOCC), Columbus, OH.

INVITED PRESENTATIONS

Rose, J. S., Moore, A. M, Kautzman-East, M., Burton, S. (2015). *An affirmative approach to supervision: Working with LGBTQ+ supervisees and clients.* Presented at ALGBTICO Second Annual Becoming an Agent of Change Workshop, University of Toledo, Toledo, OH.

Kautzman-East, M. (2013). *Redefining career constructs: Integrating social justice advocacy to the practice of career counseling.* Presented for a graduate career counselling course, Youngstown State University, Youngstown, OH.

LOCAL

East, M (2011). *Factors influencing student utilization of collegiate campus resources.* Presented at the Educational Research Exchange, Youngstown State University, Youngstown, OH.

East, M. & Sarnowski, J. (2011). *Future implications for outreach alcohol education programming on a college campus.* Presented at Quest, Youngstown State University, Youngstown, OH.

PROFESSIONAL SERVICE

Editorial Board Member, Journal of Counselor Practice—Ohio Counseling Association (OCA)
August 1, 2024- July 31, 2027

- Manuscript review for the Official Journal of the Ohio Counseling Association

Member, 53rd Conference Planning Committee—Pennsylvania Counseling Association (PCA)
July 2021- July 2022

- Participated in monthly phone conferences for conference planning

Past-President—Greater Pittsburgh Counseling Association (GPCA)
July 2020 to July 2021

- Participated in quarterly meetings
- Organized educational opportunities to support students and licensed professional counselors in their professional development

Co-chair of 52nd Annual State-Wide Conference Committee —Pennsylvania Counseling Association (PCA)
July 2020 to July 2021

- Participated in regular conference calls with co-chair and PCA president-elect
- Organized call-out and submissions for peer-reviewed conference submissions

- Communicated with counselors regarding their accepted conference proposals, etc.

President—Greater Pittsburgh Counseling Association (GPCA)

July 2019 to July 2020

- Served as chapter representative on PCA governing board
- Participated in quarterly meetings
- Organized educational opportunities to support students and licensed professional counselors in their professional development

President-Elect—Greater Pittsburgh Counseling Association (GPCA)

July 2018 to July 2019

- Participated in quarterly meetings
- Organized educational opportunities to support students and licensed professional counselors in their professional development

Co-chair of Graduate Student Committee—Ohio Counseling Association (OCA)

July 2015 to July 2016

- Participated in monthly phone conferences
- Organized resources and materials to support graduate counseling students in their professional development

Member, Professional Development Committee—Ohio Career Development Association (OCDA)

July 2015- July 2016

- Participated in monthly phone conferences
- Managed webinar CEU's for members through chapter website

Co-chair of Professional Development Committee—Ohio Career Development Association (OCDA)

July 2013 to July 2015

- Participated in monthly phone conferences
- Organized training events and workshops
- Managed webinar CEU's for members through chapter website

Member, Professional Development Committee—Ohio Counseling Association (OCA)

September 2014-2015

- Participated monthly phone conferences
- Reviewed and approved CEU's for association

Treasurer—Chi Sigma Iota (CSI), Alpha Upsilon Chapter

April 2013 to April 2014

- Managed financial records for the chapter
- Advocated for the Counseling Profession
- Sponsored social events
- Organized philanthropic endeavors
- Increased chapter participation

Vice- President—Chi Sigma Iota (CSI), Eta Chapter

April 2011 to April 2012

- Organized workshops for professional continuing education
- Advocated for the counseling profession
- Sponsored social events
- Organized philanthropic endeavors
- Increased chapter participation

President—Project Learning Around the World

September 2011 to May 2012

- Facilitated regular meetings
- Created and organized philanthropic endeavors
- Increased awareness regarding multiculturalism
- Partnered with community resources

Secretary/ Treasurer—Project Learning Around the World

January 2010 to September 2011

- Organized regular meetings
- Organized philanthropic endeavors
- Increased awareness regarding multiculturalism

VOLUNTEER SERVICE**Professional Service**

- Pennsylvania Counseling Association, 2021, Conference Proposal Reviewer
- Provided pro-bono mental health services to healthcare workers whose mental health has been affected by the COVID-19 crisis, 2020-2024, The Emotional PPE Project
- Pennsylvania Counseling Association, 2018, Conference Proposal Reviewer
- Pennsylvania Counseling Association, 2018, Advocacy Day- Harrisburg, PA
- Pennsylvania Counseling Association, 2017, Conference Proposal Reviewer
- Pennsylvania Counseling Association, 2017, Advocacy Day- Harrisburg, PA
- North Atlantic Regional Association for Counselor Education and Supervision, 2017, Conference Proposal Reviewer
- Pennsylvania Counseling Association, 2016, Conference Proposal Reviewer
- North Atlantic Regional Association for Counselor Education and Supervision, 2015, Conference Proposal Reviewer
- American Counseling Association, 2013 Mentorship Program- Mentor

University Service

- University of Akron, Interpersonal Educaiton Committee, Member, 2024
- University of Akron, Faculty Search Committee- Clinic Director, 2024
- Carlow University, Promotion, Tenure, & Evaluation committee, Member, 2023
- Carlow University, Staff Search Committee, Director of Career Development Office, 2023
- Carlow University, Graduate Curriculum Committee, Member, 2022- 2023
- Carlow University, Workload & Compensation Committee, Chair, 2020-2022
- Carlow University, Faculty Search Committee, Professional Counseling Program, 2018
- Carlow University, Workload & Compensation Committee, Member, 2017-2020

General Service

- North Hills Community Outreach, volunteer, 2018
- Faculty service day, Jubilee Kitchen volunteer, 2018
- Mission of Mercy, free dental clinic volunteer, 2017

MEMBERSHIP**Professional Association Memberships**

- Ohio Counseling Association
 - OACES division member

- OECA regional member

Honor Society Memberships

- Chi Sigma Iota (Counseling Academic and Professional Honor Society International)